How External Too Condows (Make sure the condom isn't damaged or expired by examining the package for damage and checking the date.

Open the condom **using your hands**-- don't use anything sharp like teeth or scissors.



Roll the condom down- it should be easy. If it's difficult, the condom might be going the wrong direction. When the penis is erect, **pinch the top** 1/2 inch of the condom and place on the head of the penis.

Apply additional condom compatible lube (water/silicone base) and you're ready for anal, vaginal or oral sex.

When you're finished, the wearer should hold the condom at its base and withdraw.

Protect your condoms from damage by storing them in a **cool, dark, dry place.**

Dispose of the condom in the garbage (please don't try to flush condoms-- unless you're looking to have an awkward convo with a plumber).

HAT WITH A BRIM

If any of these steps go wrong, start over with a new condom.